

Cold Menu



Cold Starters

Onion Baji	£2.00	Veg Samosas	£2.00
Chicken Tikka	£3.00	Lamb Tikka	£3.00

Cold Mains choice of chicken, lamb or veg

Balti medium garlic and onion curry	£5.50	Masala mild red coconut cream curry	£6.50
Korma very mild coconut cream curry	£5.50	Rogan medium tomato garlic & onion curry	£5.50
Dansak fairly hot lentil garlic curry	£5.50	Jalfrezi spicy garlic, onion & chilli curry	£6.50
Madras fairly hot garlic and onion curry	£6.00	Pathia hot sweet & sour garlic & onion curry	£5.50
Grilled Chicken Tikka Main tandoori grilled chicken	£6.00	Grilled Lamb Tikka Main tandoori grilled lamb	£6.00

Cold Sides	Bombay Potato	£3.00	Aubergine	£3.00
	Saag Aloo	£3.00	Cauliflower	£3.00
	Aloo Gobi	£3.00	bhindi	£3.00
	Spinach	£3.00	mushroom	£3.00
	Chana	£3.00	tarka daal	£3.00
Extras	Steamed Rice	£1.80		
	Pilau Rice	£2.00		

*Please see overleaf for heating instructions. *subject to availability. *cold meals delivered for free.
Offer applies to cold meals only

HEAT & EAT INSTRUCTIONS



IN THE OVEN

Plastic lids should be removed. Preheat oven to 180°C/350°F/GAS MK4
(fan:160°C).

Naans, Chapati & Paratha (leave in thermo bag) - 15 minutes

Starters & side dishes - 15 minutes

Rice, Biryani, main, veggie dishes - 25 minutes

MICROWAVE

Leave plastic lid loosely on containers and cook on full power (based on 750w).

Breads (leave in bag) - 30/40 seconds

Starters - 1 minute

Vegetables, sides, Tandoori & Tikka dishes - 2 minutes

Rice sundries - 3 minutes

Main & Biryani dishes - 4 minutes

ON THE HOB

Pour contents into a pan and bring to the boil.

Sadly, not suitable for dry dishes or sundries.

OUR CONTAINERS

Our containers are suitable for the oven, microwave and home freezing. Keep refrigerated and consume within 2 days of purchase.

